



Message from the Headteacher

As we draw to the end of the school year I would like to take the opportunity to thank all of our families for their support in all that the school do and personally for the engagement and support that you have shown me in my first year here as Headteacher.

I would like to congratulate all of our children for a year full of excitement, funny occasions, great trips, beautiful singing (most of the time) and the wonderful times where they have proved themselves to be good friends to others.

I must also thank the staff at the school who work so hard to create a calm and positive learning environment for the children to enjoy and grow within. They have done a great job.

The PTA have been incredible in organising events for our school community and to raise funds that have paid for every class to have a bigger school trip. Please continue to support our

events and where possible offer your time expertise or ideas to the core PTA members, you are all a part of the PTA and it should work for our whole community so if you have suggestions please contact the school or the PTA.

We have some exciting things to look forward to in September and I challenge the children to see what looks different when they return on Monday 4th.

I wish all of our children, families and staff a restful summer holidays. I hope that you all have time to reflect on a great year and opportunity for new experiences on trips or activities through August.

We look forward to welcoming you all back through the gates come September.

Mr Jamieson

HOLIDAY ACTIVITIES AND FOOD PROGRAMME

Bromley Youth Support programme will be delivering 12 sessions of fun holiday activities in each of 4 hubs this summer. That's 48 sessions of activities for young people.

To be eligible, **you need to be over 8 years of age and in receipt of free school meals.**

To see the dates and times available and to secure a place on the programme please follow this link:

<https://www.bromley.gov.uk/YouthActivitiesBookingForm>

Places will be confirmed by email once applications are received.

The activity on each day will include a meal and fun creative and sports activities. More details of activities to follow at:

Facebook: @BromleyYouthActivities

Twitter: @BromleyYouth

Priority of places will be given to those that live or attend school in the Bromley borough

This programme is funded by the Department for Education



Bromley Healthcare
better together

WE WANT YOUR FEEDBACK
ON CHILDREN AND YOUNG PEOPLE'S
ASTHMA SERVICES
IN BROMLEY

If you're under 18 and you have asthma, or you're a parent of a child with asthma, your experiences can help us to improve Bromley asthma services

Scan the QR to complete our quick survey

NHS

SCAN ME

A QR code with the text 'SCAN ME' above it, set against a blue and white background.

Excellence Award Winners – Summer Term 1

Well done and congratulations to all of our Excellence Award winners this half term!



Zones of Regulation

This year, St Mary Cray Primary School has introduced The Zones of Regulation. As of September, we will be embedding the Zones across the school.

From time to time, all of us (including adults) find it hard to manage strong feelings such as

worry, anger, restlessness, fear or tiredness, and this stops us from getting on with our day effectively.





Children who feel these emotions often find it hard to learn and concentrate in school. The Zones of Regulation aims to teach children strategies to help them to identify their emotions and cope with these feelings so they can get back to feeling calm and ready to learn. These

coping strategies are called 'self-regulation'.

The Zones of Regulation promote that it is okay to be in each Zone however it is important to have a 'toolbox' to teach students how to stay safe, express how they are feeling and not to affect others.

How can you help your child use The Zones of Regulation at home?

- Model and identify your own feelings using Zones language in front of your child ("I'm frustrated. I think I am in the Yellow Zone.")

What are the different Zones?			
Blue Zone <ul style="list-style-type: none"> • Sad • Sick • Tired • Lonely • Quite • Thoughtful 	Green Zone <ul style="list-style-type: none"> • Happy • Calm • Proud • Excellent • Focused • Ready to Learn 	Yellow Zone <ul style="list-style-type: none"> • Frustrated • Silly • Wiggly • Scared • Worried 	Red Zone <ul style="list-style-type: none"> • Cross • Angry • Mad • Need my space • Elated 
Toolkit of strategies			
<ul style="list-style-type: none"> • Stretch • Go for a walk • Drink some water • Talk to someone you trust • Think happy thoughts 	<ul style="list-style-type: none"> • I can learn • I can play • I can help a friend • I can practise my mindfulness strategies for when I need them most 	<ul style="list-style-type: none"> • Count to 20 • Take deep breaths • Go to a safe space • Push or squeeze something • Draw, write or talk about it 	<ul style="list-style-type: none"> • Walk away • Stop what I'm doing • Be safe • Ask for a break • Get help

- Practice calming strategies when your child is in the green zone.
- Talk about what tool you will use to be in the appropriate Zone ("I need to take four deep breaths to help me stay safe.")
- Put up and reference the Zones visuals and tools in your home to consistently refer to and check in regularly with this.

In September, there will be dedicated time to promote and teach The Zones of Regulation to our students. If you have any questions, please feel free to contact either Mrs Mears (SENCo) or Miss Coupe (PSL). Thank you.

PTA News

The PTA wish to say a massive Thank you!

We wanted to share with you that you've been able to support school trips and organise various events for the students.

I'm sure the year 6 pupils had a fantastic leavers party! We wish you every success for the future!

It's wonderful to see such dedication from parents and the community in helping with fundraising. The PTA funds enabled us to treat Every child the school to an Ice cream from the ice cream man.

Congratulations on the success of Ice Lolly Friday, raising **£441.90!** That's a great achievement. And a big shoutout to everyone involved in securing raffle prizes and selling tickets, resulting in over **£1,700** being raised. The fair's grand total of **£3,251** is another impressive milestone.

Your efforts have certainly made a positive impact, and it's heartwarming to know that all the proceeds raised this year will contribute to the "space camp" library. Providing educational resources and

opportunities is truly valuable for the students' future growth.

Thank you for your commitment, support, and dedication to making a difference in the lives of the students.

We just wanted to say One big THANK YOU to all companies and organisations that have generously supported us for the summer fair: Orpington Fire brigade, Chessington world of adventures, Thames rocket, Skinners landscape and gardening services, Skills academy, Conquest martial arts, Butcher of Brogdale (Ruxley garden centre), Pato Lounge, Cottage Farm butchers (Polhill), Odeon cinema, Scott's pie and mash, Twins fish and chips, Homebase, Swanley active, Bredshed(nugents retail park), Polhill garden centre, Libertys, Pavers and last but not least Mrs Paris for donating GHD set.

Thank you to Mr Jamieson and all the staff for help and support in making this year a success!

SMCPA PTA



St Mary Cray Primary Academy

Summer Term 2

21st July 2023



Breakfast and After School Club

Please be advised that the booking window for sessions next half term HAS NOW CLOSED.

Any sessions required during this time will be charged as adhoc.

Contracted Booking Deadlines for AY 2023-24

Please find below details of booking deadlines for contracted sessions for next academic year:

Term	Term Dates	Booking Window	
		Open	Closed
Autumn Term 1	Mon, 4th Sep to Fri, 13th Oct	05/06/2023	24/08/2023
Autumn Term 2	Mon, 30th Oct to Tues, 19th Dec	04/09/2023	06/10/2023
Spring Term 1	Thurs, 4th Jan to Fri, 9th Feb	30/10/2023	12/12/2023
Spring Term 2	Tues, 20th Feb to Thurs, 28th Mar	04/01/2024	02/02/2024
Summer Term 1	Mon, 15th Apr to Fri, 24th May	20/02/2024	22/03/2024
Summer Term 2	Mon, 3rd Jun to Weds, 24th July	15/04/2024	17/05/2024

Reminders for Next Year!

Please ensure your child's name is written inside all school uniform – especially coats, jumpers and cardigans! Iron on labels are fine, but sharpie or clothes pen inside collars etc. works just as well!



If your child is absent from school, please telephone the School Office before 9am and leave a message.



If your child brings in a packed lunch, please ensure there are no nuts or food containing nuts, no fizzy drinks or sweets, please.

Enjoy your Summer Holidays, stay safe and have fun!



Clubs for Next Term

CLUBS FOR AUTUMN TERM 2023

CLUB		WHEN?	OPEN TO	PRICE	BOOK VIA
MONDAY					
LEGO CLUB <i>From 11 Sept</i>		AFTER SCHOOL	ALL	£3.99 PER SESSION	WEBSITE KIDSWITHBRICKS.COM
TUESDAY					
MINECRAFT CLUB <i>From 12 Sept</i>		AFTER SCHOOL 3:30-4:30	YEARS 3 - 6	£3.99 PER SESSION	WEBSITE MILITTLEPAD.COM
WEDNESDAY					
SKILLS ACADEMY <i>From 13 Sept</i>		AFTER SCHOOL 3:30 - 4:30	YEARS 1 - 6	£7.50 PER SESSION	WEBSITE SKILLSACADEMYLTD.COM
COOKING CLUB <i>From 13 Sep (term 1 only)</i>		AFTER SCHOOL 3:30 - 4:30	YEARS 3 & 4	£3 PER SESSION (5 sessions)	PARENTPAY
COOKING CLUB <i>From 8 Nov (term 2 only)</i>		AFTER SCHOOL 3:30 - 4:30	YEARS 5 & 6	£3 PER SESSION (6 sessions)	PARENTPAY
THURSDAY					
GYMNASTICS CLUB <i>From 14 Sep</i>		AFTER SCHOOL 3:30 - 4:30	ALL	£5.50 PER SESSION (11 sessions)	EMAIL KIMJOHNSONGYMCLUB@GMAIL.COM

Bromley Libraries Summer Reading Challenge



The Summer Reading Challenge is back with 'Ready, Set, Read!' for the summer holidays!

<https://www.better.org.uk/bromley-libraries-summer-reading-challenge>

Sapphire Class News



We have had a fantastic summer of learning in Sapphire class. One of our highlights was a trip to Godstone Farm, where we got to feed some noisy pigs, stroke a bearded-dragon, chicken and tortoise, have a picnic lunch, explore the dinosaur trail and go wild in the playground. It was a brilliant day!

Another highlight of the term was our sports day. We spent lots of time beforehand practising each of the events and all tried really hard on the day to do our best. A big thank you to all the parents who came along

and cheered so well for us.

Finally, we loved our graduation assembly, where we got to perform some songs and share some of our learning from across the year.

We felt so proud to show our adults what we had been up to at school. What a wonderful year it's been! Hope you all have a fantastic summer!

The EYFS Team



Large Animal Tours



Come and meet our resident animals during the Summer Holidays

Learn about their care and nutrition and, if you are lucky, you may get the chance to feed them!

Our educational tours are suitable for adults and children aged 5+

Tickets are £10 per person and can be booked online or via reception (pre-booking is essential)

All tours start at 1.30pm and last for approx. 75 minutes

www.foalfarm.org.uk/events 01959 572386 (option 5)

Tour dates:

- Thursday 27th July
- Saturday 29th July
- Thursday 3rd August
- Saturday 12th August
- Saturday 19th August
- Thursday 24th August

Foal Farm Animal Rescue
Jail Lane, Biggin Hill. TN16 3AX

Registered Charity No. 201654



Topaz Class News

Wow what a fantastic year we have had in Year 1! I am so proud of all the children's hard work and achievements, the children have great personalities and they have tried their best.

This term the children had their phonics screening check and they all tried very hard especially with reading the 'nonsense' words. In English they have been using persuasive language in their writing, in maths they have been learning about money and time. We have had fun learning about plants in Science; the children really enjoyed measuring mass at the park using the seesaw. In DT we recycled shoe boxes and made totem poles. In RE the children have been learning about Judaism and their special celebrations.

The children have really enjoyed practising all of the sports day activities during PE and they had a great time on the day.

We had a fantastic time taking the train to Hastings Aquarium, looking at the different animals and then eating lunch on the beach. Topaz had their first swimming lesson and all the children did really well and are prepared for their lessons in year 2.

We have thoroughly enjoyed teaching Topaz class, we have had some tears along the way but a lot more smiles and laughter. I know they will all continue to be fantastic in year 2, good luck everyone!

We hope you all have a lovely summer with your families, have fun and be safe!



Onyx Class News

Year 2 have been learning about a range of interesting topics this half term, in and outside the classroom! We had the amazing opportunity to go to Swimming and Forest School every Wednesday again this term and even got to go on a trip to the Keston Mosque! In English we have been focusing on diary entries and our latest story The Tortoise and the Hare using our imagination to change features of the story to make it our own. In Maths we have been focusing on different forms of data and looking at how we compare them and track them through tally charts or pictograms. This term we focused on

Geography; looking at Kenya and comparing the similarities and differences between Kenya and London. In Science we have been exploring different types of data and creating our own bar and pie charts based on our experiments with different fruits. In Religious Education we focused on the religion of Islam and got to learn about Muslims and what they believe in. PSHE allowed us to discuss what happens to our bodies and minds when we grow up, what changes occur and how do we feel about them? Finally in DT we got to design and make our own lunch box, using a range of materials and techniques.



Opal & Pearl Class News

This term in Year 3 we have been busy doing lots of exciting learning. In English we have been reading Bill's New Frock and wrote our own chapter. We wrote our own Hairy Tales and wrote about our dreams in the BFG. In Maths we learnt about fractions, money, time and learnt how to make our own graphs. In PE we have had lots of fun practicing for Sports day. We also enjoyed our trip to Greenwich to look at the River Thames for our Geography.

We hope the children have a lovely summer and we shall see them again in September.

Miss Rae and Miss Martins.

Emerald Class News

The past term has been an incredible journey of learning and discovery for our Year 5 class. We have witnessed outstanding achievements, memorable experiences, and inspiring moments that have enriched our pupils' education.

Pupils were inspired by author and national boxing champion Ella Harris at Orpington Library; she was even kind enough to show us some boxing moves! Pupils were also captivated by the incredible works of art at the Tate Modern gallery in London and they were inspired by the creativity that surrounded them. Exploring the galleries, they gained a deeper appreciation for various art forms and discovered new perspectives, sparking their own imagination. We are thrilled to celebrate the achievements of our Year 5 pupils in their end of year assessments. Each and every one of them has worked exceptionally hard, demonstrating their commitment to learning and personal growth. We are immensely proud of their progress and the dedication they have shown throughout the year.

Our class assembly this term was truly extraordinary. The Year 5 pupils brought Shakespeare's Macbeth to life in an unforgettable re-enactment. With their outstanding performances, they showcased their talents and theatrical abilities, leaving an audience of peers, friends and family in awe. It was a remarkable display of teamwork, confidence, and creativity.

A visit to St. Olaves Secondary School was another memorable experience for our Year 5 class. The pupils were immersed in a range of exciting science and maths activities, sparking their curiosity and passion

for these subjects. It was a fantastic opportunity for them to explore and engage with hands-on experiments and challenges, igniting their enthusiasm for future learning.

During our Music Immersion Day, our class embraced their musical talents and had a blast creating their own harmonicas. They composed a beautiful piece of music as a whole class, showcasing their teamwork and creativity. The day was filled with laughter, harmonies, and the joy of making music together.

In English lessons, our Year 5 pupils have been immersed in the heartfelt and thought-provoking novel, *Wonder*. They have engaged in lively discussions, exploring the themes of empathy, kindness, and embracing differences. Furthermore, they have produced beautifully thought-out self-help guides for children who may be feeling lonely or struggling with low self-esteem. These guides reflect their empathy and understanding, offering practical advice and encouragement to those who need it. We would like to take this opportunity to express our gratitude to the Year 5 pupils for their hard work and commitment this term. Their achievements, creativity, and resilience have been truly inspiring. We also extend our thanks to you, the parents and guardians, for your continuous support and encouragement. As we head into the summer break, we wish all our Year 5 families a relaxing and enjoyable holiday. May it be filled with laughter, adventures, and quality time spent together.

Miss Hillier and Mrs DeCastro.



Community Events and News

An incredible gaming party experience, anywhere, anytime

Gaming Birthday Party

All the latest Games and Gadgets

FIFA, Minecraft, Rocket League. Virtual Reality Headsets, Xbox One, PS4, Nintendo Switch.

Book Now!

Call us on: 0800 321 3941
Or visit: www.popuparcade.co.uk

Free Event

BR1 LATES
Great nights out in Bromley

PRESENTS

High Street Lates

A Sport and Wellbeing Festival

Tuesday 25th July
4pm – 9pm
Bromley High Street

www.bromley.gov.uk/BR1Lates

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Black Integrity for People

St Mary Cray Primary Academy

Summer Term 2

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Limited time offer – get FREE lifetime membership to FiveDinners.com!

We know how hard times are at the moment so the folks at FiveDinners.com – online meal planning service - have decided to give away FREE lifetime memberships to try and help you save money on food shopping and reduce the mental load of deciding what to eat every night. There's no catch or restrictions, simply full access to our meal plans to make your dinnertimes a little easier and cheaper.

FiveDinners.com is an online meal planning service co-founded by author and TV chef Theo Michaels. To help with the cost of living crisis so many families and individuals are facing Theo has decided to offer their meal planning service for FREE (usually £49.99 per year); every week they publish a new meal plan with an automatically generated shopping list; set to your serving size so you know

exactly what you need for the week ahead. It saves you time, money on food shopping and ultimately takes away the headache of deciding what to cook every night. You can even create and save your own meal plans choosing from hundreds of recipes.

Simply head to <https://FiveDinners.com> and click green Join button now.



Essex Fire Museum Open Days

Sunday 30th July
Tuesday 15th August
Sunday 27th August
(10.30am to 4.00pm)



Visits must be pre-booked via:
museum@essex-fire.gov.uk

Address: Essex Fire Museum, Grays Fire station,
Hogg Lane, Grays, RM17 5QS