

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Sweet Potato, Chickpea & Coconut Curry
(CE, G/B, O, R, W)

Vegetable Burger
(SE*, G/W)

Roasted Root Vegetable Pie & Gravy

Vegetable & Lentil Keema

Vegan Nuggets & Chips
(G/W)



SIDES



Rice & Peas with Green Beans
(CE)

Homemade Potato Wedges & Green Salad

Rustic Roast Potatoes with Roasted Carrots & Parsnips

Steamed Rice & Green Beans

Baked Beans or Peas



PASTA & JACKET



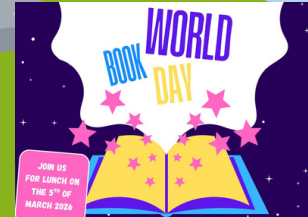
Vegan Roasted Vegetable Pasta
(G/W)

Jacket Potato & Salad

Tomato & Basil Pasta
(CE, G/W)

Jacket Potato & Salad

DF Cheesy Pasta
(G/O, W)



PUD



AA Vanilla Cake

AA Chocolate Cake

Apple Crumble
(G/W)

AA Lemon Cake

Fruit Jelly



Daily Salad Bar | Fresh Fruit

DATES

5 JAN / 26 JAN / 23
FEB / 16 MAR

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



DF Roasted Squash & Root Vegetable Pasta (G/W)

Mexcian Bean Casserole & Veggies

Jacket Potato with Baked Beans & DF Cheese

AA Vegetable Curry

DF Margherita Pizza & Chips (G/W)



SIDES



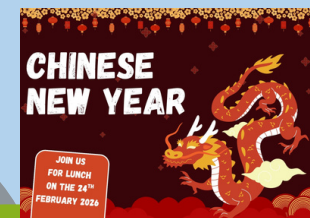
Green Salad

Steamed Rice & Green Beans

Green Salad

Steamed Rice & Green Beans

Mixed Green Salad



PASTA & JACKET



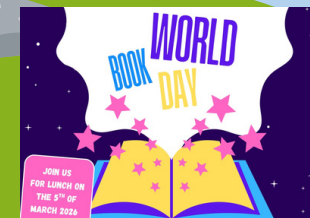
Vegan Roasted Vegetable Pasta (G/W)

Jacket Potato & Salad

Tomato & Basil Pasta (CE, G/W)

Jacket Potato & Salad

DF Cheesy Pasta (G/O, W)



PUD



Chocolate Shortbread Biscuit (G/W)

AA Vanilla Cake

AA Chocolate Cake

AA Lemon Cake

Vanilla Shortbread Biscuit (G/W)



Daily Salad Bar | Fresh Fruit

DATES

12 JAN / 2 FEB / 2 MAR / 23 MAR

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
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F = FISH
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G/B = BARLEY

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G/W = WHEAT

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WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Roasted Vegetable Ragu & Wedges

DF Cheese Pasta (G/O, W)

Roasted Root Vegetable Pie & Gravy (CE, G/W)

DF Cheese & Tomato Pizza (G/W)

Jacket Potato with Baked Beans & DF Cheese



SIDES



Carrots & Green Beans

Mixed Green Salad

Rustic Roast Potatoes with Roasted Carrots & Parsnips

Homemade Potato Wedges & Green Salad

Beans or Peas



PASTA & JACKET



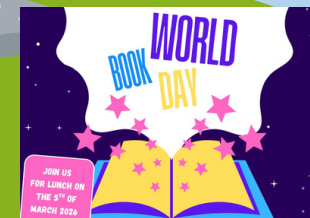
Vegan Roasted Vegetable Pasta (G/W)

Jacket Potato & Salad

Tomato & Basil Pasta (CE, G/W)

Jacket Potato & Salad

DF Cheesy Pasta (G/O, W)



PUD



AA Vanilla Cake

Fruit Jelly

AA Lemon Cake

AA Vanilla Cake

Vanilla & Raisin Shortbread Biscuit (G/W)



Daily Salad Bar | Fresh Fruit

DATES

19 JAN / 9 FEB /
9 MAR

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
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G/W = WHEAT

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