

RE Lesson 1

WALT: understand what
celebration food is and why
is it important

Celebration Food

- Have you seen these foods before?
- What do these foods celebrate?
- Why do you think we have these foods at celebrations?



Celebration Food



Christmas dinner



Wedding cake

Easter



Passover meal



Christening cake



Christmas cake



Birthday cake

Celebration cakes

- What are these cakes used to celebrate?
- Why do you think we have cakes at certain celebrations?



The history of celebration cakes

- One theory is that the history of putting candles on cake began in Ancient Greece. The Greeks would make round cakes to honour Artemis, the goddess of the moon. The lit candles on the cake represented the glow of the moon, and the smoke from the candles carried their prayers and wishes to the Gods who lived in the skies.
- Some scholars believe the tradition actually started in Germany, where a candle was supposedly placed on the cake to represent “the light of life”.
- Today, most western cultures celebrate birthdays with cake, lit candles and a birthday song. The number of candles usually represents the age of the person being celebrated. Many believe that a silent wish must be made while blowing out all the candles with one breath. The wish cannot be told to anyone else, or it will not come true.



My favourite celebration meal or food

- What is your favourite celebration meal or food?
- Do you love birthday cake?
- Is Christmas dinner your favourite?
- Do you really enjoy hot cross buns at Easter?



- Today you will be writing about your favourite celebration meal or food, why it is your favourite and drawing a picture of what it looks like.