

WALT: identify what I am looking forward to and what worries me about the transition to secondary school or my next class

Activity 1 – Talk about some of the things you have enjoyed and say a highlight of the year and something you are looking forward to next year. Year 6 can give a highlight from primary school in general!

Activity 2 - Have small pieces of paper and a pen ready. Think about and write your biggest worries about the next school year on your pieces of paper.

Share your worries with a family member and talk about some suggestions for that worry – “Please can you help me bin this worry?” After listening to and discussing the suggestions, if you have found a possible solution to your worry, you can choose to “bin the worry” by screwing up your worry and putting it in the bin. If you cannot find an adequate solution to your worry, you can continue to discuss options and questions to find a solution.



Activity 3 – Think about and talk about your positive memories about the current school year. On a plain piece of paper, design a t-shirt that reflects these moments on the BACK. On the FRONT, design something that reflects what you are looking forward to!

