

Family Activities

Family Activity: READ



Top Ten Empathy Books

The whole family can take part in this activity.

There are so many books which are brilliant for boosting empathy. Why not develop a list of your Top Ten Empathy Books?

You will need: your book ideas a piece of paper a pen or pencil

Gather everyone in your family together and talk about how reading can create feelings of empathy.

Think about how authors help you understand feelings by making you see things through the eyes of different characters.

Next ask everyone in the family to suggest a book for your list of the best empathy reads.

Any book can be included and you could widen this to your extended family and friends.

Why not draw up your list as a poster? Or you could even record a video counting down the Top Ten and explaining why you picked each book.

A Country to Call Home

Ravi's Roar

We'll be asking for your Top Ten #ReadForEmpathy recommendations on Empathy Day! @EmpathyLabUK