

Family Activities

Family Activity: READ



Empathy Awards

The whole family can take part in this activity.

Roll out the red carpet for the Empathy Awards! See if your family can agree which book character shows the most empathy.

You will need: ideas of storybook characters

Think about what it means to be empathetic. Of all the book characters you can think of, which shows the most empathy?

Get everyone in your family to think of their own nominee, and then you can debate who should be the overall winner.

If you want to have lots of fun with this activity, you could create a mini awards ceremony or certificates for the winners!

Who would you give the Empathy Award to?



Why not ask an adult to share the name of your winner on social media using **#EmpathyDay** and tagging **@EmpathyLabUK**