

Family Activities

Family Activity: CONNECT



Using art to talk about feelings

This is a group activity for the whole family.

When we look and listen carefully, we learn so much about other people.

You will need: a listening ear lots of imagination!

Gather a few family members and look at this picture together.

Next, ask each person to tell the group what they think is happening in the picture.

Listen very carefully without interrupting or making any judgements.

Did everyone have the same ideas, or were there different views?

Now ask each family member to imagine they are one of the characters in the painting.



Thomas Benjamin Kennington

One-by-one, **tell the group what your life is like and about your hopes and dreams.**

You could even write a short conversation between the characters as if it were a play, and then act it out.

You can find out more about the painting [here](#)

Image credit: Coram in the care of the Foundling Museum

#EmpathyDay - Read stories. Build empathy. Make a better world.